

6 THINGS WE CAN & SHOULD DO: #2

REMINDER: WHY WE NEED TO HELP MEDIATE CLIMATE CHANGE

In the last post, we looked at why we need to foster more **CLIMATE LITERACY**.
This time, we look at what to do with Earth's **PLASTICS PROBLEM**.

We don't need MORE of this!



Or this



OR THIS



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However, plastics have shown to have more negative effects on our health and our environment than most of us ever expected.



***Plastic pollution is a hazard to public health and the human body.**

As many as one million people die each year due to plastics. Frightening!

Microplastics are now known to cause damage to human cells. Some of these micro-petrochemicals, have led to increased risk of chromosomal and reproductive system abnormalities, impaired brain and neurological functions, cancer, cardiovascular system damage, adult-onset diabetes, early puberty, obesity and resistance to chemotherapy.

ALL plastics are petroleum products:



***Plastics are made from fossil fuels.**

Drilling for oil and processing into plastic releases harmful gas emissions into the environment including carbon monoxide, hydrogen sulfide, ozone, benzene, and methane (a greenhouse gas).

So what can I do?

1. REDUCE: Do I really need that plastic straw?



2. REFUSE:



3. REUSE:



4. RECYCLE:

PLASTIC RECYCLING CHART						
						
PET	HDPE	PVC	LDPE	PP	PS	OTHER
POLYETHYLENE TEREPHTHALATE	HIGH DENSITY POLYETHYLENE	POLYVINYL CHLORIDE	LOW DENSITY POLYETHYLENE	POLYPROPYLENE	POLYSTYRENE	OTHER PC POLYCARBONATE

5. REMOVE:



SO, HOW MANY OF THESE HAVE YOU DONE ALREADY, OR PLAN TO DO?
Encourage others to join you. We all must do our part!